

## Influence of Kpop Wave on the Academic Performance of Junior High School Learners

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### Abstract

KPOP is widely known as a new trend around the world in which it is linked up with its popular music, skin care products, fashion, trendy concepts in arts, and—caliber – synchronized – dance – performances. In this context, the study aimed to determine the degree of influence of the KPOP Wave on the academic performance of junior high school learners in the field, which, which became an inevitable trend. Descriptive design was used in the current study that aims to describe the ongoing scenario at the time of the study. It explained and clarified the problems at present, weighed every factor that could affect the result of the study, and gave possible solutions and recommendations. The results determined that there is a high degree of influence of the KPOP wave on the students engaging in the different aspects. No significant difference was found in the degree of its influence when group by age, sex, and average family monthly income was demonstrated. The relationship between the influence of the KPOP wave and the academic performance of the students is not significant. The students were determined not to have performed better or worse in academic performance in response to the KPOP Wave. The findings call for MAPEH teachers to be aware of the KPOP wave and help incorporate it into the different lessons and activities.

**Keywords:** Physical education, KPOP wave, MAPEH teachers, Bacolod City, Negros Occidental, Philippines.



## **Introduction**

### **Nature of the Problem**

KPOP is widely known as a new trend around the world in which it is linked up with its popular music, skin care products, fashion, trendy concepts in arts, high – caliber – synchronized – dance -performances, and rich in untold stories behind the catchy melodies that could make you LSS - matching with the perfect-synced choreographies. Chung (2018) defined KPOP as the famous pop music scene in South Korea, although it is also a catch-all term for anything associated with Korean pop culture. KPOP Wave, the global hit phenomenon, has become a niche of interest for learners nowadays. Learners cannot hide their interest in KPOP, as they imply the influence they have on their outputs, whether in dance, health, arts, or music.

Moreover, the researcher decided to conduct this study to find out the possible influence of KPOP on the learners towards their academic performance, specifically in MAPEH. This thought was supported by Blas and Erestain (2020), who said that learners acquainted with KPOP are academically good achievers in their class. Inspiring messages from the artists motivate them to do well in their school and on how they handle their stress and pressures.

Even though there is more cultural insight, especially to the KPOP Wave, people are on the fence on how engaging with the KPOP will affect the academic performance of the students. These include KPOP affecting the health of students, not engaging with the current circle in society, and being distracted from their responsibilities at school and at home.

### **Current State of Knowledge**

According to Rundle (2020), students in this generation are more influenced by KPOP. They follow their skincare routines and how they dress up and want to be thin like their favorite artists as they try to imitate them. KPOP wave became a stress reliever and an outlet for millennial students, to light up their moods, sadness, and challenging times- just like the other kind of music to enjoy.

In addition, the research of Robillos et al. (2015) emphasizes that there is a slight influence on the level of KPOP influence in Leyte Normal University. They suggest strengthening the K-pop influence by exposing media collaboration to the academic subjects of the students. With media exposure, there is a greater impact of the media, which can help to increase the level of K-pop influence on the student.

Refath (2020) reiterates that KPOP has a negative influence on students. It could result in health damage by spending too much time watching music videos and searching for information about KPOP, making them suffer from asthenia. Students can also have poor academic performance because they may be obsessed with KPOP stuff rather than with their studies, listening to their lectures, and doing their school stuff. Students who are acquainted with KPOP have less involvement in participating in different playful activities; instead, students are busy



with KPOP things, or they stay at home. Decreased social skills are also pointed out, such as not liking to go outside to mingle with others and have some talks.

Lastly, Padilla (2018) suggests that students who are fond of the Korean Wave must know and observe their limitations in adapting to the Korean Wave, such as Korean Drama, Korean Music, and Korean Artists. Students should know how to properly manage their time as well as be responsible for their tasks, especially in school and their homes.

## **Theoretical Underpinnings**

This study is anchored on Walberg's theory of Educational Productivity which focuses on characteristics and influences that affect educational outcomes in cognitive, behavioral, and attitudinal. This theory was chosen as it will help ratify conclusions and confirmations to the degree of influence of the KPop Wave to the learners. Nine variables are recognized under the theory, and it considers the student's abilities, prior performances, motivation, age/developmental quantity of instruction, classroom climate, home environment, peer group, and exposure to media after class.

## **Objectives**

This study aims to discover the influence of the KPOP wave on a set of junior high school learners in relation to their academic performance in one of the schools in Bago City. Specifically, it aimed to determine 1) the influence of KPOP wave on Junior High School learners according to the demographics; 2) the level of academic performance on Junior High School learners according to the demographics. 3) the level of academic performance of the learners when grouped according to demographics; 4) the influence of the KPOP wave on the academic performance of Junior High School learners.

## **Methodology**

This section presents the following procedures and methods applied in data gathering and statistical treatment. The research design used in this study, locality of the study, respondents of the study, data gathering instrument, validity and reliability of the research instrument, data gathering procedure, analytical scheme, and statistical tools used to analyze the data gathered for the study.

## **Research Design**

The researcher used a descriptive research design. It is most appropriate to find out the influence of the KPOP Wave on Junior High School learners in relation to their academic performance in MAPEH. Descriptive Research Design is appropriate for research studies that aim to discover the present status that exists in relationship to the opinions, beliefs, processes and effects and the developing present trends. According to Santos (2016), descriptive research is valuable in providing facts on which scientific judgment may be based on assessing the present



study. This research design is also significant in obtaining important knowledge about the present situation of the study.

## **Respondents**

This study garnered data from ninety-six Grade 10 junior high school students. They were chosen as learners randomly from different sections, and they were influenced by the KPOP Wave.

## **Procedures for Data Collection**

The data needed for the study was first gathered using the survey questionnaire that was sought for approval by the validators. The questions were prepared by the researcher based on the competencies found in the essential learning competencies (MELCs) and activities given in modules during the first quarter of the school year. The researcher's self-made questionnaire was administered to the target respondents after written permission was secured from the Office of the Schools Division Superintendent, Educational Public Supervisor (EPS), and designated Principal of the schools.

## **Data Analysis and Statistical Treatment**

Objective 1 used the descriptive-analytical schemes and mean as statistical tools to determine the degree of influence of the KPOP wave on Junior High School learners according to the demographics. Objective 2 used the descriptive-analytical schemes and mean as statistical tools to determine the level of academic performance of Junior High School learners according to the demographics. Objective 3 used the comparative-analytical scheme and Mann-Whitney U test to determine the academic performance of the learners grouped according to demographics. Objective 4 used the relational-analytical scheme and Spearman Rank Correlation Coefficient to determine the degree of influence of the KPOP wave on the academic performance of Junior High School learners.

## **Ethical Considerations**

In conjunction with the society's trend on accountability, transparency and choice, ethical conduct has now covered a wider scope. The impartiality of gaining approval to human subjects is now of utmost importance, especially in the area of education. In addition, the participants were informed about the use of their data and risk of harm associated with such endeavor which can give way for them to voluntarily participate in the study, to which the fundamental element of anonymity was practiced. With the data collected by the researcher, the principle of confidentiality is also at the core of data gathering, as participants might not want to make known to people outside of the study about their preferences, should there be any. Finally, notwithstanding any societal trends of accountability, upholding of the participants rights and welfare during the undertaking.



## Results and Discussion

This chapter presents the data gathered relative to the objectives of the study stated in the Introduction.

**Table 1**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Physical Domain*

Items	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>		
1. I prefer to follow KPOP dance practice videos to increase my muscular strength, endurance, and motor fitness.	4.67	Very High Degree
2. I prefer to follow KPOP dance videos to increase my dancing skills.	4.16	High Degree
3. I like to watch Korean skincare videos to take good care of my skin.	4.26	High Degree
4. I feel energized listening to KPOP songs and doing physical performances.	4.54	Very High Degree
5. I notice I am fit, having BLACKPINK, EXO, BTS, and TWICE as my role models.	4.02	High Degree
6. I dance KPOP-inspired dances like "Bboom Bboom" and "Baam" of Momoland to enhance my flexibility.	4.06	High Degree
7. I create different dance routines, using KPOP as my basis and inspiration.	4.10	High Degree
8. I dance freely, no matter what kind of body shape I have, with KPOP as my source of encouragement.	4.41	High Degree
9. I improved my dancing skills using KPOP in terms of the right tempo/beat.	4.60	Very High Degree
10. I express my emotions while dancing and executing dance steps properly.	4.15	High Degree
<b>Mean</b>	<b>4.30</b>	<b>High Degree</b>

Table 1 shows the results of the analysis on the degree of influence KPOP Wave on the academic performance of junior high school students in the physical aspect with a mean of 4.30, interpreted to mean high. This result jived with Delgado (2018), which shows that Filipino teenagers nowadays are into KPOP, wherein they have a high interest in KPOP's choreography and dance steps. In this manner, students have a great influence on learning the dance steps according to their likes and the trends. Through dance practice videos, they can learn the basic and complex dance routines. It is hard to see, but it opens more opportunities for the students to be fit and aware at the same time.



**Table 2**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Mental Domain*

<b>Items</b>	<b>Mean</b>	<b>Interpretation</b>
<i>What is your degree of influence of KPOP on the following items?</i>		
1. I listen to KPOP to enlighten my mood.	4.66	Very High Degree
2. I watch KPOP music videos to release stress.	4.33	High Degree
3. I am encouraged by the stories of KPOP to work hard and reach my goals in life.	4.51	Very High Degree
4. I fight my anxiety/depression and mental with the help of KPOP music.	4.40	High Degree
5. I listen to KPOP songs to keep myself motivated in doing school projects.	4.56	Very High Degree
6. I am inspired by the translated lyrics and messages from KPOP music every day.	4.35	High Degree
7. I listen to KPOP music when I study my lessons in MAPEH to handle time pressure.	3.63	High Degree
8. I am comforted by KPOP songs in difficult times, like slowing down the procrastination of doing work.	4.54	Very High Degree
9. I made my learning easier by associating the new lessons in MAPEH with KPOP.	3.90	High Degree
10. I aim higher in academics by having KPOP as my reference.	4.58	Very High Degree
<b>Mean</b>	<b>4.35</b>	<b>High Degree</b>

Table 2 illustrates the results of the analysis on the degree of influence KPOP Wave on the academic performance of junior high school students in the mental domain with a mean of 4.35, interpreted to mean high. These results coordinate with the article of Rundle (2020) that states that students consider listening to KPOP as their stress reliever and an outlet to light up their moods, sadness, and challenging times. KPOP songs contain addictive melodies, and tunes are also included as one of the main reasons why students are attached to this wave.

Table 3 analyzes the degree of influence KPOP Wave on the academic performance of junior high school students in the social domain with a mean of 4.12, interpreted to mean high.



**Table 3**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Social Domain*

<b>Items</b>	<b>Mean</b>	<b>Interpretation</b>
<i>What is your degree of influence of KPOP on the following items?</i>		
1. I gained friends in school because we share the same passion and interest in KPOP.	4.02	High Degree
2. I meet new people and understand myself more after meeting new people who love KPOP.	4.01	High Degree
3. I learn how to get along with other people with different personalities in school through KPOP.	3.82	High Degree
4. I handle my inner struggles well by communicating virtually to my KPOP friends on Facebook.	4.54	Very High Degree
5. I developed social communication skills by talking with other people through KPOP.	4.22	High Degree
6. I have become more sensitive to other's feelings because of the awareness spread by KPOP.	4.52	Very High Degree
7. I learned how to be outspoken and express myself freely through KPOP.	3.93	High Degree
8. I find study buddies/friends in learning music lessons in MAPEH with the help of KPOP.	3.98	High Degree
9. I find it easier to work with my groupmates in deciding on dance performances related to KPOP.	3.74	High Degree
10. I understand others' perspectives on dancing when it is related to KPOP.	4.38	High Degree
<b>Mean</b>	<b>4.12</b>	<b>High Degree</b>

This study is connected to the study of Cho (2017), who found that friends and peers of students in KPOP hold a unified understanding even though they come from different kinds of nationalities. They portrayed kindness and care and broke cultural barriers no matter where others come from, like religion, language, or country.

Table 4 shows the results of the analysis on the degree of influence KPOP Wave on the academic performance of junior high school students in the physical domain when grouped by age. The younger group had a mean of 4.31 while their older counterparts got 4.29, all interpreted to mean high.





**Table 4**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Physical Domain and Groupings by Age*

Items	Younger		Older	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I prefer to follow KPOP dance practice videos to increase my muscular strength, endurance, and motor fitness.	4.64	Very High Degree	4.68	Very High Degree
2. I prefer to follow KPOP dance videos to increase my dancing skills.	4.27	High Degree	4.10	High Degree
3. I like to watch Korean skincare videos to take good care of my skin.	4.33	High Degree	4.22	High Degree
4. I feel energized listening to KPOP songs and doing physical performances.	4.52	Very High Degree	4.56	Very High Degree
5. I notice I am fit, having BLACKPINK, EXO, BTS, and TWICE as my role models.	3.88	High Degree	4.10	High Degree
6. I dance KPOP-inspired dances like "Bboom Bboom" and "Baam" of Momoland to enhance my flexibility.	4.06	High Degree	4.06	High Degree
7. I create different dance routines, using KPOP as my basis and inspiration.	3.97	High Degree	4.17	High Degree
8. I dance freely, no matter what kind of body shape I have, with KPOP as my source of encouragement.	4.64	Very High Degree	4.29	High Degree
9. I improved my dancing skills using KPOP in terms of the right tempo/beat.	4.55	Very High Degree	4.63	Very High Degree
10. I express my emotions while dancing and executing dance steps properly.	4.24	High Degree	4.10	High Degree
<b>Mean</b>	<b>4.31</b>	<b>High Degree</b>	<b>4.29</b>	<b>High Degree</b>

The result was connected to Ong (2015), who states that the trend of globalization was embraced, which caters to the hybridity of the dancing bodies in enhancing one's physicality through KPOP. This supported the result that students have a 'high degree' in item #5 by seeing KPOP groups like BLACKPINK, EXO, BTS, and TWICE set as their role models as their basis for being physically fit.

Table 5 summarizes the analysis on the degree of influence KPOP Wave on the academic performance of junior high school students in the mental domain when grouped by age. The younger group had a mean of 4.37 while their older counterparts got 4.33, all interpreted to mean high. This implies with SPC Ballet (2018) that listening to KPOP can help students reduce their





anxiety and depression to enlighten the mood of the listeners. It's a way of relaxing one's brain to ease out internal pressures the students are experiencing in their studies.

**Table 5**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Mental Domain and Groupings by Age*

Items	Younger		Older	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I listen to KPOP to enlighten my mood.	4.70	Very High Degree	4.63	Very High Degree
2. I watch KPOP music videos to release stress.	4.48	High Degree	4.25	High Degree
3. I am encouraged by the stories of KPOP to work hard and reach my goals in life.	4.42	High Degree	4.56	Very High Degree
4. I fight my anxiety/depression and mental with the help of KPOP music.	4.52	Very High Degree	4.33	High Degree
5. I listen to KPOP songs to keep myself motivated in doing school projects.	4.73	Very High Degree	4.48	High Degree
6. I am inspired by the translated lyrics and messages from KPOP music every day.	4.52	Very High Degree	4.27	High Degree
7. I listen to KPOP music when I study my lessons in MAPEH to handle time pressure.	3.52	High Degree	3.68	High Degree
8. I am comforted by KPOP songs in difficult times, like slowing down the procrastination of doing work.	4.36	High Degree	4.63	Very High Degree
9. I made my learning easier by associating the new lessons in MAPEH with KPOP.	3.82	High Degree	3.94	High Degree
10. I aim higher in academics by having KPOP as my reference.	4.67	Very High Degree	4.54	Very High Degree
<b>Mean</b>	<b>4.37</b>	<b>High Degree</b>	<b>4.33</b>	<b>High Degree</b>

Table 6 summarizes the analysis of the degree of influence KPOP Wave on the academic performance of junior high school students in the social domain when grouped by age. The younger group had a mean of 3.97 while their older counterparts got 4.19, all interpreted to mean high. Jin and Yoon (2016) supported the result when students are open to expressing themselves and their inner struggles because social media became an adoptive environment for students to their co-fans and also the artists from entertainment that spread awareness for students. Love yourself and being sensitive to one emotion were most of the topics the artists talked about during their live sessions on online platforms.



**Table 6**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Social Domain and Groupings by Age*

Items	Younger		Older	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I gained friends in school because we share the same passion and interest in KPOP.	3.85	High Degree	4.11	High Degree
2. I meet new people and understand myself more after meeting new people who love KPOP.	3.82	High Degree	4.11	High Degree
3. I learn how to get along with other people with different personalities in school through KPOP.	3.58	High Degree	3.95	High Degree
4. I handle my inner struggles well by communicating virtually to my KPOP friends on Facebook.	4.48	High Degree	4.57	Very High Degree
5. I developed social communication skills by talking with other people through KPOP.	4.09	High Degree	4.29	High Degree
6. I have become more sensitive to other's feelings because of the awareness spread by KPOP.	4.39	High Degree	4.59	Very High Degree
7. I learned how to be outspoken and express myself freely through KPOP.	3.85	High Degree	3.97	High Degree
8. I find study buddies/friends in learning music lessons in MAPEH with the help of KPOP.	3.88	High Degree	4.03	High Degree
9. I find it easier to work with my groupmates in deciding on dance performances related to KPOP.	3.64	High Degree	3.79	High Degree
10. I understand others' perspectives on dancing when it is related to KPOP.	4.12	High Degree	4.51	Very High Degree
<b>Mean</b>	<b>3.97</b>	<b>High Degree</b>	<b>4.19</b>	<b>High Degree</b>

Table 7 summarizes the analysis of the degree of influence KPOP Wave on the academic performance of junior high school students in the physical domain when grouped by sex. The male group had a mean of 4.03 while their female counterparts got 4.40, all interpreted to mean high.



**Table 7**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Physical Domain and Groupings by Sex*

Items	Male		Female	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I prefer to follow KPOP dance practice videos to increase my muscular strength, endurance, and motor fitness.	4.63	Very High Degree	4.68	Very High Degree
2. I prefer to follow KPOP dance videos to increase my dancing skills.	3.81	High Degree	4.29	High Degree
3. I like to watch Korean skincare videos to take good care of my skin.	3.63	High Degree	4.51	Very High Degree
4. I feel energized listening to KPOP songs and doing physical performances.	4.59	Very High Degree	4.52	Very High Degree
5. I notice I am fit, having BLACKPINK, EXO, BTS, and TWICE as my role models.	3.67	High Degree	4.16	High Degree
6. I dance KPOP-inspired dances like "Bboom Bboom" and "Baam" of Momoland to enhance my flexibility.	4.04	High Degree	4.07	High Degree
7. I create different dance routines, using KPOP as my basis and inspiration.	3.74	High Degree	4.25	High Degree
8. I dance freely, no matter what kind of body shape I have, with KPOP as my source of encouragement.	4.07	High Degree	4.54	Very High Degree
9. I improved my dancing skills using KPOP in terms of the right tempo/beat.	4.59	Very High Degree	4.61	Very High Degree
10. I express my emotions while dancing and executing dance steps properly.	3.52	High Degree	4.39	High Degree
<b>Mean</b>	<b>4.03</b>	<b>High Degree</b>	<b>4.40</b>	<b>High Degree</b>

Joon (2015) conducted a study that connected the result that students prefer to follow KPOP dance practice videos to increase their muscular strength, endurance, and motor fitness. It stated that students were enticed by the po-energy given by KPOP. The mimicable signature dances made them want to try to achieve because their dances have the potential to drag the onlookers to a try as a source of physical activity.

Table 8 summarizes the analysis of the degree of influence KPOP Wave on the academic performance of junior high school students in the mental domain when grouped by sex. The male group had a mean of 4.21 while their female counterparts got 4.40, all interpreted to mean high. The result in item 10 contradicts Refath (2020), which states in the item that students have higher academics by having KPOP as a reference.



**Table 8**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Mental Domain and Groupings by Sex*

Items	Male		Female	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I listen to KPOP to enlighten my mood.	4.59	Very High Degree	4.68	Very High Degree
2. I watch KPOP music videos to release stress.	3.56	High Degree	4.64	Very High Degree
3. I am encouraged by the stories of KPOP to work hard and reach my goals in life.	4.52	Very High Degree	4.51	Very High Degree
4. I fight my anxiety/depression and mental with the help of KPOP music.	4.37	High Degree	4.41	High Degree
5. I listen to KPOP songs to keep myself motivated in doing school projects.	4.52	Very High Degree	4.58	Very High Degree
6. I am inspired by the translated lyrics and messages from KPOP music every day.	4.22	High Degree	4.41	High Degree
7. I listen to KPOP music when I study my lessons in MAPEH to handle time pressure.	3.33	Moderate Degree	3.74	High Degree
8. I am comforted by KPOP songs in difficult times, like slowing down the procrastination of doing work.	4.56	Very High Degree	4.54	Very High Degree
9. I made my learning easier by associating the new lessons in MAPEH with KPOP.	3.81	High Degree	3.93	High Degree
10. I aim higher in academics by having KPOP as my reference.	4.63	Very High Degree	4.57	Very High Degree
<b>Mean</b>	<b>4.21</b>	<b>High Degree</b>	<b>4.40</b>	<b>High Degree</b>

According to Refath (2020), KPOP is a bad influence on students because students can have poor academic performance due to obsession with KPOP stuff rather than their studies, listening to their classes online, or doing their modules at home.

Table 9 summarizes the analysis of the degree of influence KPOP Wave on the academic performance of junior high school students in the social domain when grouped by sex. The male group had a mean of 3.95 while their female counterparts got 4.18, all interpreted to mean high.

According to Refath (2020), students are less involved in participating in different playful activities because they are busy with KPOP things or they are still staying at home, which contradicts the result in Table 11. Students handle their inner struggles by sharing them with their virtual friends, and this was pampered by Kim (2017), who states that students who are



acquainted with KPOP are active, wherein most of them share their artworks online and make their own interpretation of music videos that show their creativity involvement.

**Table 9**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Social Domain and Groupings by Sex*

Items	Male		Female	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I gained friends in school because we share the same passion and interest in KPOP.	3.67	High Degree	4.16	High Degree
2. I meet new people and understand myself more after meeting new people who love KPOP.	3.41	Moderate Degree	4.25	High Degree
3. I learn how to get along with other people with different personalities in school through KPOP.	3.48	Moderate Degree	3.96	High Degree
4. I handle my inner struggles well by communicating virtually to my KPOP friends on Facebook.	4.59	Very High Degree	4.52	Very High Degree
5. I developed social communication skills by talking with other people through KPOP.	4.15	High Degree	4.25	High Degree
6. I have become more sensitive to other's feelings because of the awareness spread by KPOP.	4.63	Very High Degree	4.48	High Degree
7. I learned how to be outspoken and express myself freely through KPOP.	4.11	High Degree	3.86	High Degree
8. I find study buddies/friends in learning music lessons in MAPEH with the help of KPOP.	4.07	High Degree	3.94	High Degree
9. I find it easier to work with my groupmates in deciding on dance performances related to KPOP.	3.37	Moderate Degree	3.88	High Degree
10. I understand others' perspectives on dancing when it is related to KPOP.	4.04	High Degree	4.51	Very High Degree
<b>Mean</b>	<b>3.95</b>	<b>High Degree</b>	<b>4.18</b>	<b>High Degree</b>

Table 10 summarizes the analysis of the degree of influence KPOP Wave on the academic performance of junior high school students in the physical domain when grouped by family income. The lower-income group had a mean of 4.16 while their higher-income counterparts got 4.55, all interpreted to mean high. Junio and Liwag (2015) state that students look up to their teachers if they are highly skilled and healthy. It implies that if students are watching KPOP dance routines that contain synchronization, flexibility, and coordination, their dance skills will be improved and in the right tempo and beat. Enhancement of flexibility follows practice and learning dance sessions.



**Table 10**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Physical Domain and Groupings by Family Income*

Items	Lower		Higher	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I prefer to follow KPOP dance practice videos to increase my muscular strength, endurance, and motor fitness.	4.68	Very High Degree	4.65	Very High Degree
2. I prefer to follow KPOP dance videos to increase my dancing skills.	3.98	High Degree	4.47	High Degree
3. I like to watch Korean skincare videos to take good care of my skin.	4.08	High Degree	4.59	Very High Degree
4. I feel energized listening to KPOP songs and doing physical performances.	4.48	High Degree	4.65	Very High Degree
5. I notice I am fit, having BLACKPINK, EXO, BTS, and TWICE as my role models.	3.84	High Degree	4.35	High Degree
6. I dance KPOP-inspired dances like "Bboom Bboom" and "Baam" of Momoland to enhance my flexibility.	3.79	High Degree	4.56	Very High Degree
7. I create different dance routines, using KPOP as my basis and inspiration.	3.98	High Degree	4.32	High Degree
8. I dance freely, no matter what kind of body shape I have, with KPOP as my source of encouragement.	4.29	High Degree	4.62	Very High Degree
9. I improved my dancing skills using KPOP in terms of the right tempo/beat.	4.55	Very High Degree	4.71	Very High Degree
10. I express my emotions while dancing and executing dance steps properly.	3.92	High Degree	4.56	Very High Degree
<b>Mean</b>	<b>4.16</b>	<b>High Degree</b>	<b>4.55</b>	<b>Very High Degree</b>

Table 11 summarizes the analysis of the degree of influence KPOP Wave on the academic performance of junior high school students in the mental domain when grouped by family income. The lower-income group had a mean of 4.28 while their higher-income counterparts got 4.47, all interpreted to mean high. Maborang-Caban (2016) supports this result with their report of a very high degree that listening to KPOP songs in difficult times slows down the procrastination of the students doing work. The development of a wholesome attitude was presented in learning lessons under pressure.





**Table 11**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Mental Domain and Groupings by Family Income*

Items	Lower		Higher	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I listen to KPOP to enlighten my mood.	4.63	Very High Degree	4.71	Very High Degree
2. I watch KPOP music videos to release stress.	4.19	High Degree	4.59	Very High Degree
3. I am encouraged by the stories of KPOP to work hard and reach my goals in life.	4.45	High Degree	4.62	Very High Degree
4. I fight my anxiety/depression and mental with the help of KPOP music.	4.31	High Degree	4.56	Very High Degree
5. I listen to KPOP songs to keep myself motivated in doing school projects.	4.53	Very High Degree	4.62	Very High Degree
6. I am inspired by the translated lyrics and messages from KPOP music every day.	4.27	High Degree	4.50	Very High Degree
7. I listen to KPOP music when I study my lessons in MAPEH to handle time pressure.	3.52	High Degree	3.82	High Degree
8. I am comforted by KPOP songs in difficult times, like slowing down the procrastination of doing work.	4.45	High Degree	4.71	Very High Degree
9. I made my learning easier by associating the new lessons in MAPEH with KPOP.	3.87	High Degree	3.94	High Degree
10. I aim higher in academics by having KPOP as my reference.	4.56	Very High Degree	4.62	Very High Degree
<b>Mean</b>	<b>4.28</b>	<b>High Degree</b>	<b>4.47</b>	<b>High Degree</b>

Table 12 summarizes the analysis of the degree of influence KPOP Wave on the academic performance of junior high school students in the social domain when grouped by family income. The lower-income group had a mean of 3.97 while their higher-income counterparts got 4.39, all interpreted to mean high. Padilla (2018) links the result that students must know and observe in accordance with the study, revealing that they are distracted in doing things when they have similar interests that are involved in KPOP. One of the biggest factors is that students are working right now with their modules in their homes, and incompatibility of interests exists.





**Table 12**

*Degree of Influence of KPOP Wave on the Academic Performance of Junior High School Students in the Social Domain and Groupings by Family Income*

Items	Lower		Higher	
	Mean	Interpretation	Mean	Interpretation
<i>What is your degree of influence of KPOP on the following items?</i>				
1. I gained friends in school because we share the same passion and interest in KPOP.	3.87	High Degree	4.29	High Degree
2. I meet new people and understand myself more after meeting new people who love KPOP.	3.82	High Degree	4.35	High Degree
3. I learn how to get along with other people with different personalities in school through KPOP.	3.61	High Degree	4.21	High Degree
4. I handle my inner struggles well by communicating virtually to my KPOP friends on Facebook.	4.50	Very High Degree	4.62	Very High Degree
5. I developed social communication skills by talking with other people through KPOP.	4.10	High Degree	4.44	High Degree
6. I have become more sensitive to other's feelings because of the awareness spread by KPOP.	4.44	High Degree	4.68	Very High Degree
7. I learned how to be outspoken and express myself freely through KPOP.	3.73	High Degree	4.29	High Degree
8. I find study buddies/friends in learning music lessons in MAPEH with the help of KPOP.	3.79	High Degree	4.32	High Degree
9. I find it easier to work with my groupmates in deciding on dance performances related to KPOP.	3.52	High Degree	4.15	High Degree
10. I understand others' perspectives on dancing when it is related to KPOP.	4.29	High Degree	4.53	Very High Degree
<b>Mean</b>	<b>3.97</b>	<b>High Degree</b>	<b>4.39</b>	<b>High Degree</b>

Table 13 shows the analysis of students' academic performance based on demographics. The results of the study revealed that the students were performing at an "outstanding level" even though the students were grouped according to age, sex, and family income. In DepEd Order No. 8, s. 2015, when a students' grade ranged from 90-100, it is considered as 'outstanding'.

On the contrary, when the variables were reviewed in terms of age, the younger group had the highest mean of 92.27 against the older group, with 91.44 according to their academic performance with a matter of 0.83.



**Table 13**

*Junior High School Students' Level of Academic Performance According to Demographics*

Variable	Category	N	Mean	Interpretation
Age	Younger	33	92.27	Outstanding
	Older	63	91.44	Outstanding
Sex	Male	27	91.22	Outstanding
	Female	69	91.93	Outstanding
Family Income	Lower	62	91.76	Outstanding
	Higher	34	91.68	Outstanding

In terms of sex, the female students have the highest mean of 91.93, yet the male students got a mean of 91.22, with an interpretation of 'outstanding'. When grouped according to average family monthly income, there is a 0.08-point difference between the students with low income, with a specific mean of 91.76, compared to the students from high income, with a mean of 91.68, both interpreted as "outstanding".

Notwithstanding, age, sex, average family monthly income, and the level of academic performance of the students were marked with 'outstanding' descriptions. According to Blas and Erestain (2020), students who are exposed to KPOP are academically good and achievers in class. They mostly have honors in their class, and they were mostly inspired by the messages spread by KPOP artists addressed to the fans, like doing good in school, being better versions of themselves, and striving hard for their dreams.

**Table 14**

*Difference in the Level of Junior High School Students Academic Performance According to Demographics*

Variable	Category	N	Mean	Z-value	p-value	Sig. level	Interpretation
Age	Younger	33	92.27	1.061	0.291	0.05	Not Significant
	Older	63	91.44				Significant
Sex	Male	27	91.22	-0.854	0.395	0.05	Not Significant
	Female	69	91.93				Significant
Average Family	Lower	62	91.76	0.105	0.917	0.05	Not Significant
	Higher	34	91.68				Significant



**Monthly  
Income**

Table 14 shows the analysis on the academic performance of the learners according to the demographics. In terms of age, sex, and average family monthly income, it is shown no significant differences in the academic performance of the learners. This result contradicts Blas and Erestayn's (2020) statement that the Korean Wave will make the students academically good and achievers in class. Even though it is found in the previous tables that there is a probability of getting higher grades. As a result, it boils down to the student having a change in mood and being inspired brought about by the statements of their favorite artists.

**Table 15**

*Relationship Between the Degree of Influence of KPOP Wave to Junior High School Students and their Level of Academic*

Variable	rho	p-value	Sig. level	Interpretation
Degree of Influence				
Level of Academic Performance	-0.054	0.602	0.05	Not Significant

Table 15 shows the relationship between the degree of influence of KPOP Wave and the academic performance of the learners. It shows that there is no significant difference on the learners' academic performance and its relationship to the KPOP Wave. Romano (2018) states that the KPOP wave is on the way to dominating the interests of youngsters. This is shown through having to feel good vibes caused by addictive melodies, mimicking repetitive dance steps, and learning the work culture of the artists.

**Conclusion**

This study has shown that there is an influence seen from the KPOP Wave towards their academic performance in physical, mental and social areas. In addition, there is a difference between the physical, mental and social aspects of the students, specially when it comes to family earnings. But in spite of the KPOP Wave having influence on the variables aforementioned, there is shown no relationship between KPOP and their academic performance. This shows that students are involved in the KPOP culture but yet to see its effects in improving their academic performance. Recommendations include teachers that are up to date on the latest trends in the music and dance fields, awareness of the KPOP wave in students' interest and passion, curriculum personnel can design competencies that can align with students' interest and the MAPEH supervisor can coordinate with their teachers in designing co-curricular activities to enhance student's learning ability.



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